

Top 10 Ways to Get Involved ☺

1) Get on the SAACURH List Serve! (sign up on the website at www.nacurh.org/saacurh) or contact the SAACURH Regional Publications Coordinator for more information

2) Send delegates to conferences

NACURH-usually in May

SAACURH-in October/November

SAACURH No Frills-in March/April

3) Have someone represent your school in the NCC and NRHH board rooms. You **MUST** be affiliated to have voting rights, but you have speaking rights regardless

4) Present a program at a conference

5) Bid for awards and/or regional positions and/or to host regional conferences

6) Chair a committee to prepare SAACURH for NACURH. Applications are given at the No Frills conference. The committees available are:

-**Spirit**-put together a "spirit" pack of items that relate to the conference theme and our region and coordinate ordering, assembly, and distribution of the packs.

-**Roll Call**-you/your school are in charge of making up a roll call routine and teaching it to the region at the NACURH conference.

-**T-shirt**-design t-shirts and coordinate ordering and distributing these shirts to the region. The shirts are usually worn at roll call and should reflect the theme of the current NACURH conference.

-**Banner**-design a regional banner to reflect the region and theme of the current NACURH conference (specific guidelines change from year to year and are given on the NACURH conference site each year)

-**Display**- design a regional display to reflect the region and theme of the current NACURH conference (specific guidelines change from year to year and are given on the NACURH conference site each year)

7)Join the NACURH Forum (www.nacurh.org) to share ideas with other schools from across the nation

8)Sign up for the OTM selection committee. Please contact the SAACURH AD-NRHH for more information.

9)Have your school submit OTMs for recognition of great people and programs!

For more information on how to get involved, please contact any SAACURH Executive Committee Officer or visit the SAACURH website at www.nacurh.org/saacurh

10)Another great way to get involved is to get involved in your state association. Each state has its own association which has conferences each year as well. For more information about this, please contact the SAACURH Regional Development Coordinator.